

The Power of Seeds



- Nearly 100 hours shadowing different physical therapists
- Nearly 100 hours working with children in daycare facilities
- About 50 hours at the end of this semester as a TA for a physical health class

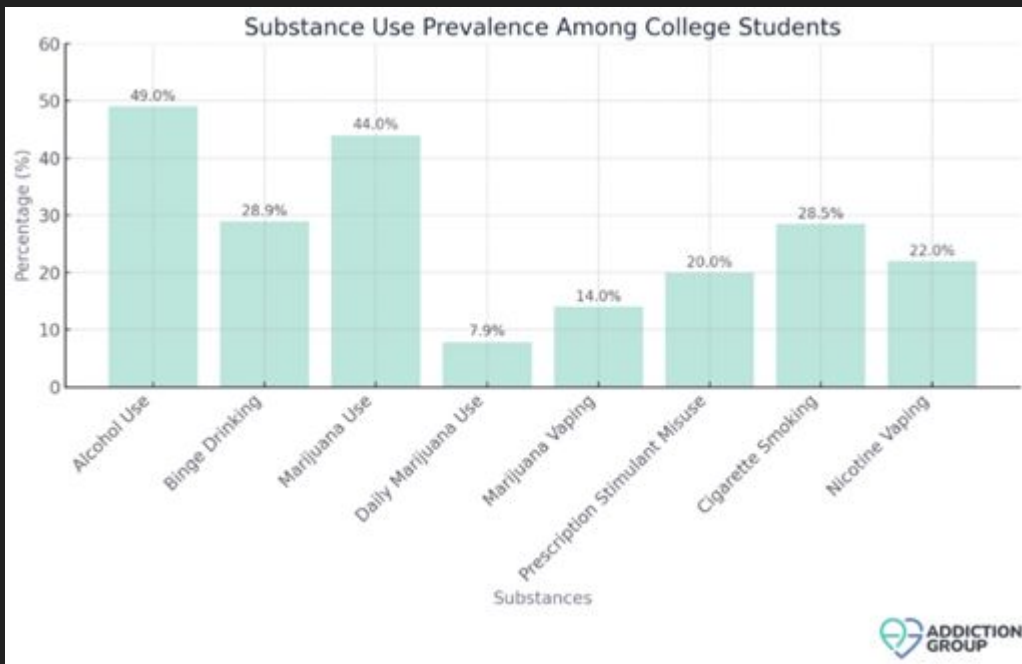
Types of children I have worked with:



- 5-10% of children suffer from developmental disabilities in the first 2 years of age (Pediatric Researchers journal)
- Cerebral Palsy is the most common lifelong disability in children affecting 3/1000 births
- Up to 80% of the child welfare system involves parental substance abuse and 3% of these kids enter foster care (National Library of Medicine)



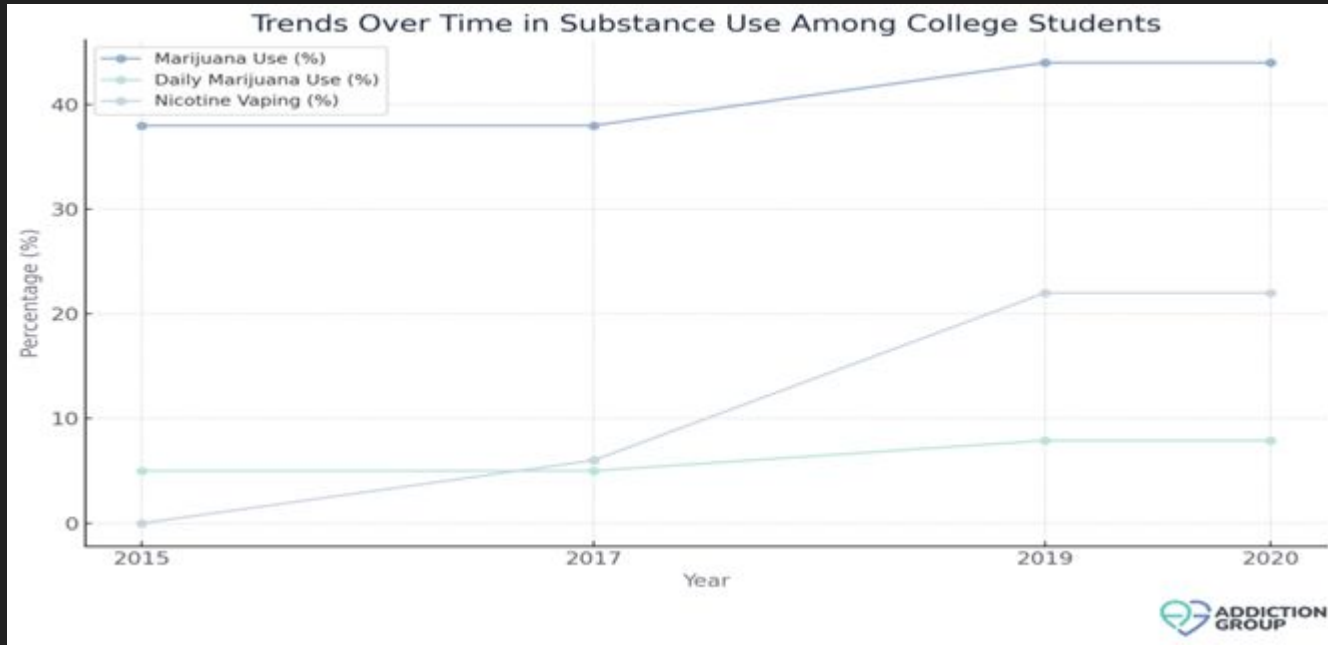
The seeds we plant in our lives today will be difficult to recover further on



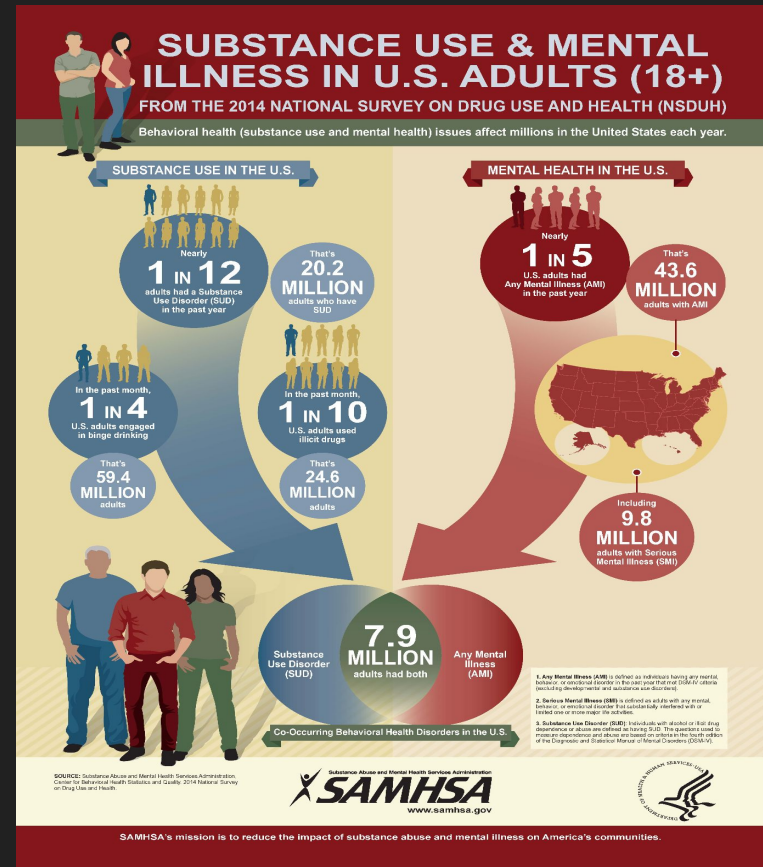
“About 25 percent of college students report academic problems caused by alcohol use, such as earning lower grades, doing poorly on exams or papers, missing class, and falling behind” (Office of Justice Programs)

- Creating habits of abusing drugs and alcohol are difficult to undo after college

The usage of these inhibitors has only increased in the past 10 years



- 13.5% of young, aged adults from 18-25 had a substance use disorder (U.S. Department of Health and Human Services)



WHAT IS GLOBAL DEVELOPMENTAL DELAY?

According to the Centers for Disease Control and Prevention (CDC), it is estimated that about **1 in 6 (~17%)** of children **aged 3 to 17 years** have **one or more** developmental disabilities (U.S). These include ADHD, ASD, hearing loss, vision impairment, and more.

- ✓ Have a diffused distribution of mirror neurons in the brain, which is responsible for movement, language, and interactions
- ✓ Conditions begin during developmental period (when your child learns to crawl, wave, etc. - known as milestones)
- ✓ Difficulty with overall communication and socialisation
- ✓ Delays with cognitive skills, speech and language skills, fine and gross motor skills, social and emotional skills, and daily activities
- ✓ Usually life-long



save me!
↓

- motor imbalances
- difficulty walking
- Intellectual disabilities
 - seizures
 - withdrawals
 - deaf/blindness

Plant healthy seeds now, so your garden can flourish later on

